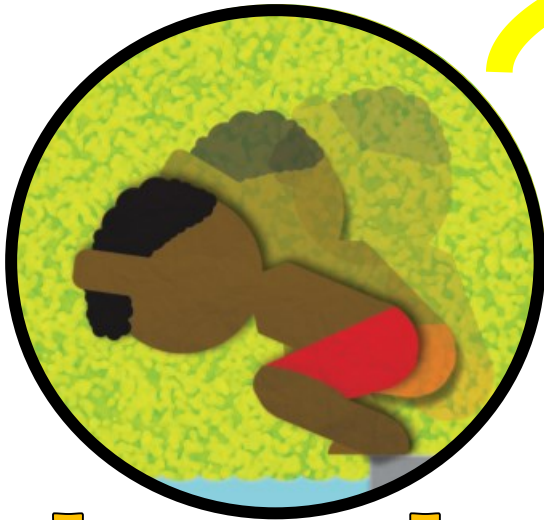
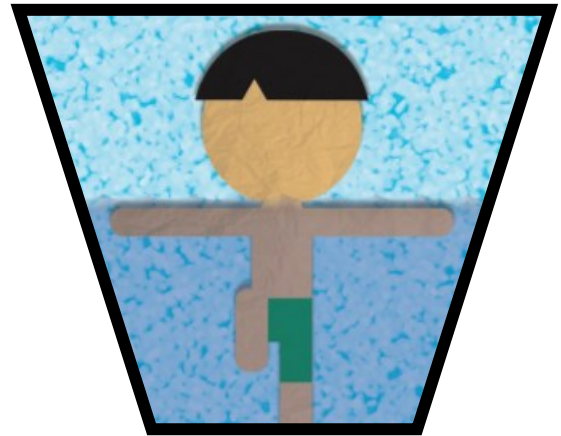


PCMAC Swim Test



Jump In



Tread 30 seconds



Swim 25 metres

