

# PAT CROSSMAN MEMORIAL AQUATIC CENTER

SCHEDULE SUBJECT TO CHANGE.  
VISIT [TOWNOFRIVERVIEW.CA/SWIM](http://TOWNOFRIVERVIEW.CA/SWIM) FOR FURTHER DETAILS.

MON	9:30 - 10:15am	Aquafit
	10:30 - 11:20am	Senior & Tot Swim
	11:30am - 1pm	Lap Swim
TUE	7:30 - 9 :15am	Lap Swim
	9:30 - 10:15am	Aquafit
	10:30 - 11:20am	Senior & Tot Swim
	11:30am - 1pm	Lap Swim
	8-9:15pm	Lap Swim
WED	9:30 - 10:15am	Aquafit
	10:30 - 11:20am	Senior & Tot Swim
	11:30am - 1pm	Lap Swim
THU	7:30 - 9 :15am	Lap Swim
	9:30 - 10:15am	Aquafit
	10:30 - 11:20am	Senior & Tot Swim
	11:30am - 1pm	Lap Swim
	8-9:15pm	Lap Swim
FRI	10:30 - 11:15am	Senior & Tot Swim
	11:30am - 1pm	Lap Swim
SAT	12:45 - 1:45 pm	Lap Swim
	2-3:30 pm	Open Swim
SUN	All Day	Swimming Lessons only

**LAP SWIM:** OPPORTUNITY FOR SWIMMERS TO FOCUS ON STROKE AND ENDURANCE.

**AQUAFIT:** 45-MIN GUIDED WORKOUT OUT IN THE POOL.

**OPEN SWIM:** REACTIONAL SWIMS FOR EVERYONE.

**SENIOR & TOT SWIM:** LEISURE SWIM FOR AGES 60+ AND 0-4 YEARS, WITH 3 LANES RESERVED FOR LAP SWIMMING.