

PAT CROSSMAN MEMORIAL AQUATIC CENTER

SCHEDULE SUBJECT TO CHANGE.
VISIT TOWNOFRIVERVIEW.CA/SWIM FOR FURTHER DETAILS.

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| MON | 9:30 - 10:15am | Aquafit |
| | 10:30 - 11:20am | Senior & Tot Swim |
| | 11:30am - 1pm | Lap Swim |
| TUE | 7:30 - 9 :15am | Lap Swim |
| | 9:30 - 10:15am | Aquafit |
| | 10:30 - 11:20am | Senior & Tot Swim |
| | 11:30am - 1pm | Lap Swim |
| | 8-9:15pm | Lap Swim |
| WED | 9:30 - 10:15am | Aquafit |
| | 10:30 - 11:20am | Senior & Tot Swim |
| | 11:30am - 1pm | Lap Swim |
| THU | 7:30 - 9 :15am | Lap Swim |
| | 9:30 - 10:15am | Aquafit |
| | 10:30 - 11:20am | Senior & Tot Swim |
| | 11:30am - 1pm | Lap Swim |
| | 8-9:15pm | Lap Swim |
| FRI | 10:30 - 11:20am | Senior & Tot Swim |
| | 11:30am - 1pm | Lap Swim |
| SAT | 12:45 - 1:45 pm | Lap Swim |
| | 2-3:30 pm | Open Swim |
| SUN | All Day | Swimming Lessons only |

LAP SWIM: OPPORTUNITY FOR SWIMMERS TO FOCUS ON STROKE AND ENDURANCE.

AQUAFIT: 45-MIN GUIDED WORKOUT OUT IN THE POOL.

OPEN SWIM: PUBLIC SWIM FOR EVERYONE.

SENIOR & TOT SWIM: LEISURE SWIM FOR AGES 60+ AND 0-4 YEARS, WITH 3 LANES RESERVED FOR LAP SWIMMING.