lf your child	I CAN SWIM:	Lifesaving Society:	Red Cross Swim	YMCA:
Is eager to gain more confidence in the water with an adult	I CAN SWIM TOTS A (4 - 24 months)	Parent & Tot 1, 2, 3	Starfish, Duck	Splashers, Bubblers
Is eager to gain more confidence in the water with an adult	I CAN SWIM TOTS B (ages 2 - 3.5 years)	Parent & Tot 1, 2, 3	Sea Turtle, Sea Otter	Bubblers, Bobbers
Is ready to begin to swim on their own	I CAN SWIM INTRO A (ages 3.5 - 5 years)	Preschool 1	Sea Otter	Bobbers, Floaters
Is comfortable swimming independently, and can submerge their face underwater, and floating/gliding with assistance	I CAN SWIM INTRO B (ages 3.5 - 5 years)	Preschool 3, Swimmer 1	Salamander, Sunfish	Gliders, Divers
Is just starting out on their own and is age 6 or older	I CAN SWIM INTRO (ages 6+)	Swimmer 1	Swim Kids 1	Otter
Can swim independently for 3 meters, exhibit front and back floating/gliding abilities, and comfortably submerge underwater for 3 to 5 seconds	I CAN SWIM LEVEL 1 (ages 5 - 14 years)	Preschool 4-5, Swimmer 1	Crocodile, Swim Kids 2	Surfers/Dippers, Seal
Can swim a minimum of 7 meters on their own, and has some basic knowledge of front crawl and back crawl techniques	I CAN SWIM LEVEL 2 (ages 5 - 14 years)	Preschool 6, Swimmer 2	Whale, Swim Kids 3 - 4	Dolphin
Can swim a distance of at least 12 meters on their own and have an understanding of front crawl and back crawl techniques and are comfortable in deep water	. –	Swimmer 3	Swim Kids 5 - 6	Swimmer
Can can swim at least 25 meters independently, have strong front crawl and back crawl, are comfortable in deep water, and know the whip kick technique	. –	Swimmer 4-5	Swim Kids 7	Star 1
Can swim 50 meters on their own and have a good handle on front crawl, back crawl, and breaststroke techniques, as well as feeling comfortable with diving	I CAN SWIM LEVEL 5 (ages 5 - 14	Swimmer 6	Swim Kids 8	Star 2-3
Can swim 150 meters, excel in short sprints, and are proficient in front crawl, back crawl, and breaststroke	I CAN SWIM LEVEL 6 (ages 5 - 14 years)	Swimmer 7-8	Swim Kids 9	Star 4-5
Is 11 years of age or older, can swim a 300m workout, can tread water for 2 minutes, proficent in front crawl, back crawl, and breaststroke	BRONZE STAR	Swimmer 9	Swim Kids 10	Star 6