If your child	I CAN SWIM:	Lifesaving Society:	Red Cross Swim	YMCA:
Is 4 to 36 months old and ready to learn to enjoy the water with parent	I CAN SWIM TOTS	Parent & Tot 1, 2, 3	Starfish, Duck, Sea Turtle	Splashers, Bubblers, Bobbers
Is 3 to 5 years and just starting out on his or her own	I CAN SWIM INTRO A (ages 3-5)	Preschool 1	Sea Turtle	Bobbers
Can get in and out and jump into chest-deep water assisted; float and glide on front and back with a lifejacket; blow bubbles and get face wet	I CAN SWIM INTRO B (ages 3-5)	Preschool 2-3, Swimmer 1	Salamander, Sunfish	Floaters, Gliders, Divers
Is 6+ years and just starting out on his or her own	I CAN SWIM INTRO (ages 6+)	Swimmer 1	Swim Kids 1	Otter
Can jump do solo jumps into chest-deep water, recover objects from the bottom; hold breath underwater; float, glide and kick on front and back unassisted	I CAN SWIM LEVEL 1	Preschool 4-5, Swimmer 1	Crocodile	Surfers
Can do solo jumps into deep water with a lifejacket; swim front crawl 5 m wearing a lifejacket and flutter kick on front, back and side	I CAN SWIM LEVEL 2	Preschool 6, Swimmer 2	Whale	Dippers
Can tread for 15 sec.; Can jump into deep water, float in deep water and do a sideways entry with a lifejacket; front and back crawl for 7 m; and swim 10 m on front and	I CAN SWIM LEVEL 3	Swimmer 2-3	Swim Kids 2-3	Seal, Dolphin, Swimmer
Can tread for 30 sec.; do kneeling dives and front somersaults; 10 m whip kick on back; and swim 15 m front crawl and back crawl	I CAN SWIM LEVEL 4	Swimmer 4	Swim Kids 4-5	Star 1
Can tread for 1 minute; dive; swim underwater; 15 m whip kick on front; breaststroke arms with breathing for 15 m; and swim front and back crawl 25 m	I CAN SWIM LEVEL 5	Swimmer 5-6	Swim Kids 6-7	Star 2-3
Can do stride entries and shallow dives; eggbeater and scissor kick; surface support for 2 min; sprint 25 m breaststroke; swim 75 m of front crawl and back crawl and	I CAN SWIM LEVEL 6	Swimmer 7-8	Swim Kids 8-9	Star 4-5
Can surface dives and somersaults sequences; legs-only surface support for 45 min; 50 m breaststroke; swim 150 m of front crawl and back crawl and a 300 m workout	BRONZE STAR	Swimmer 9	Swim Kids 10	Star 6