FOOD SUSTAINABILITY SERIES #EIGHT



Hunger awareness and the value of food banks are near and dear to my heart. I served for over seven years as an active Board Member with the Food Depot Alimentaire. During my tenure I spearheaded several fundraising campaigns, most importantly, Hunger Awareness Week.

Hunger has no boundaries and affects thousands of New Brunswickers who do not have enough money to feed themselves or their families. Some of these people could be your neighbors, friends, family members or even the working class who have difficulties making ends meet. With the current pandemic situation, food bank decencies rose over 20% across Canada and we feel the effects right here in our region.

"On average, Moncton's two community kitchens serve 740 meals to men, women and children each day.

The Food Depot Alimentaire supplied food banks and soup kitchens with more than 2.5 million pounds of food.

Served more than 1,100,000 meals, 30,000 of which were served to families. Out of these 30,000 families, a little more than 40,000 adults and 18,000 children under the age of 18 were fed."*

Our special guest is Julie Hopkins from the Albert County Food Bank. She will take us on a virtual tour of the facility and talk about the growing issue of hunger and the need for food.

Donations welcome to the Albert County Food Bank

*Statistics from Food Depot Alimentaire website.











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Challenge Guidelines

Your recipe includes the following ingredients and must be items that are already in the fridge, freezer or pantry: Protein (meat, fish or plant base), Pasta, Vegetable (fresh or canned) The latter of the three being the most donated and needed foods.

Videos on so we can watch you cook!

Take a picture and describe your creation, upload to the following social media outlets or email lotcatering1@gmail.com

Facebook/Instagram
Like: Town of Riverview and
The Little Olive Tree
#FoodSustainaSeries
@thelittleolivetree (Facebook)
#littleolivetree1 (Instagram)

Chef Mandy and Chef Cherrie will spotlight three dishes with extra points for creativity, plate presentation, description and the the most use of local products. We will award three tickets for upcoming ChefTorial Supper Club Virtual Party hosted by Chef Cherrie!

Let's have some fun while supporting a great cause!